



What to Bring - Not to Bring List

What To Bring

- **Completed Pre-Admission Treatment Form**
- **Payment In Full Is Required Including A Damage Deposit**
- **Driver's License, Passport And/or Photo Identification**
- **List Of Medications And Dosages**
 - Bring Prescribed Medication
 - All Medication Will Be Stored In A Safe, Secure Location
- **Extra Spending Money**
- **2 Suitcases And 1 Carry-on Bag Is The Maximum Amount Of Clothing Allowed:**
- **Casual Clothing For The Tropics**
 - Golf-shirt, T-shirt, Short Sleeve Button Down Shirt, Sweater, Blouse
 - Shorts, Light Pants, Belt, Skirt
 - Sleepwear
 - Sandals, Casual Shoes, Shower Sandals
 - Appropriate Undergarments
 - Light Jacket
 - Socks
 - Hat
 - Sunglasses
- **Gym Clothing**
 - Proper Workout Attire
 - Gym Shoes
 - Swimsuit
 - No Tight Fitting Or Overly Revealing Outfits
- **Personal Hygiene Items**
 - Toothpaste, Soap, Shaving Cream, Razor, Electric Razor, Nail Clipper, Shampoo, Conditioner, Sun Block, Hair Spray, Makeup, Comb, Brush, Deodorant/ Antiperspirant. **All Toiletries Must Be Alcohol Free.**
- **Electronics**
 - iPod Or Mp3 Player With Headphones
 - Alarm Clock
 - Hairdryer
- **Smoking Is Permitted With Some Restrictions.**
 - Cigarettes & Lighter
- **Packages Will Be Received And Inspected Upon Delivery. Any Inappropriate Items Will Be Seized Immediately.**

P.O. Box 785, Kailua-Kona, HI 96745 p. 866-515-5032 f. 866-515-5042
admissions@hawaiiislandrecovery.com



- **What Not To Bring**
- **Inappropriate Clothing:**
 - Shirts Depicting Drugs, Alcohol, Or Acts Of Sex Or Violence
 - Excessively Tight Fitting Clothes
 - Overly Revealing Clothes
 - Short Shorts
 - No High Heels
- **Rare Or Extremely Valuable Items**
 - Jewelry
 - Artwork
 - Other Personal Property
 - **We Recommend Nothing Over \$250**
- **Electrical Appliances:**
 - Television
 - Cell Phone
 - Computer/Laptop
 - Pager
- **Cosmetics That Contain Alcohol:**
 - Hair Spray
 - Perfume
 - Nail Polish Glue Or Remover
 - Hair Color Chemicals
 - Aerosol Containers
 - Aftershave, Cologne
- **Weapons Of Any Kind Including:**
 - Straight Razor
 - Razorblades
 - Knitting Needles
 - Pocket Knives
- **Glass Items**
- **Mood Altering Drugs Or Prescription Drugs Not Prescribed To You Or Any Illegal Substances**

Please Feel Free To Contact Us At 866-515-5032 If You Have Any Questions.

Thank You,

HIR Admission's Team

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